Form	-99	O Return of Organization Exempt From Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue C		2008
Departr	ment of the	benefit trust or private foundation)		Open to Publ
	Revenue			Inspection
		008 calendar year, or tax year beginning OCT 1, 2008 and ending	SEP 30, 2009	
B Chi app	eck if Piscable	Please C Name of organization	D Employer identific	ation number
(~~~~)	Address			
	change Name	Print of PLANNED PARENTHOOD MID & SOUTH MICHIGAN	- 20.1-	07571
	change Initial return	Doing Dusiness As		107521
	Termin-	Specific 2100 DDOFFCCTONAT DDTVF		73-0710
	ation Amended return	tions City or town, state or country, and ZIP + 4	G Gross receipts \$	11,234,61
F7/	Applica-	ANN ARBOR, MI 48106	H(a) is this a group ret	
	pending	F Name and address of principal officer:LOREEN LAMERAND	for affiliates?	
	_	SAME AS C ABOVE	H(b) Are all affiliates inclu	
I Ta	x-exemp	ot status: X 501(c) (3) ◀ (insert no.) 4947(a)(1) or 527		ist. (see instructions)
JW	ebsite:	WWW.PLANNEDPARENTHOOD.ORG/MIDSOUTHMI/	H(c) Group exemption	•
	_		ar of formation 1939 M	
Per		ummary		
8			PARENTHOOD MIL	and the second
Ğ		CHIGAN WILL ENSURE BROAD BUBLIC ACCESS TO I	REPRODUCTIVE H	EALTH CARE
2		eck this box If the organization discording the operations or disposed of m	1 1	
ĝ	3 Nu	mber of voting members of the governing body (Par VI, line 1a)	3	
	5 Tot	mber of independent voting members of the governing booty part vi, line interview at number of employees (Part V, line 2a)		1
itie		al number of volunteers (estimate if necessary)	5	1
Activities	7a Tot	al gross unrelated business revenue from Part VIII, line Gasune (28)	6 7a	
<	b Net	unrelated business taxable income from Form 990-T, line 34	7b	
			Prior Year	Current Year
ø	8 Co	ntributions and grants (Part VIII, line 1h)	4,938,115.	4,994,99
N	9 Pro	gram service revenue (Part VIII, line 2g)	4,884,656.	5,823,67
Revenue	10 Inv	estment income (Part VIII, column (A), lines 3, 4, and 7d)	144,333.	-43,56
		er revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	69,011.	38,62
		al revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)	10,036,115.	10,813,73
		Ints and similar amounts paid (Part IX, column (A), lines 1-3)		
		nefits paid to or for members (Part IX, column (A), line 4) aries, other compensation, employee benefits (Part IX, column (A), lines 5-10)	5,517,156.	5,683,11
91		fessional fundraising fees (Part IX, column (A), line 11e)		
ē		al fundraising expenses (Part IX, column (D), line 25) 300, 526.		
۵,		er expenses (Part IX, column (A), lines 11a-11d, 11f-24f)	4,424,808.	5,077,93
		al expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)	9,941,964.	10,761,04
1		venue less expenses Subtract line 18 from line 12	94,151.	52,68
Net Assets or Fund Balances			Beginning of Year	End of Year
Set		al assets (Part X, line 16)	9,078,372.	9,488,56
		al liabilities (Part X, line 26)	1,026,670.	1, 132, 64
		assets or fund balances. Subtract line 21 from line 20	8,051,702.	8,355,92
Par		ignature Block		and balant at a base as an
	and	der penalties of penury, I declare that I have examined this return, including accompanying schedules and statement I complete Declaration of preparer (other then officer) is based on all information of which preparer has any knowled	de De De los to the pest of my knowledge	and beilen, it is true, correct
Sign		Morth MA HAMMANCK		
Here		Signature of officer	Date	······
		LOREEN LAMERADO, PRESIDENT	6.2	1.10
		Type or print name and title		<u>I</u>
Paid	Pre	parer's Part + Man a Date	Check if Preparer	s identifying number uctions)
Prepar		nature riconte rivida Plil 5-2540	amployed	
Use Or	nhu you	n's name (or PLANTE & MORAN, PLLC	EIN 🏲	
	add	ress, and DI TIME MET AOFOO		
	ZIP	+4 FLINT, MI 48502	Phone no 🕨	
		iscuss this return with the preparer shown above? (see instructions)		
975003	12-18-08	LHA For Privacy Act and Paperwork Reduction Act Notice, see the separate in	nstructions.	Form 990 (20

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m 990	(2008)
Part X	Balanc

PLANNED PARENTHOOD MID & SOUTH MICHIGAN

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3	8	 1	7	0	7	5	2	1	Pag	je	1	1

) She	

<u>//</u>		,	(A) Beginning of year		(B) End of year
	1`	Cash · non-interest-bearing	354,015.	1	832,364.
1	2	Savings and temporary cash investments	336,663.	2	270,451.
	3	Pledges and grants receivable, net	650,062.	3	217,462.
	4	Accounts receivable, net	638,785.	4	765,710.
	5	Receivables from current and former officers, directors, trustees, key			
	3	employees, or other related parties. Complete Part II of Schedule L		5	
	•	Receivables from other disgualified persons (as defined under section			***************************************
	6				
		4958(f)(1)) and persons described in section 4958(c)(3)(B) Complete		6	
	_	Part II of Schedule L	· · · · · · · · · · · · · · · · · · ·	7	100,000.
Assets	7	Notes and loans receivable, net	352,148.	8	307,475.
Ass	8	Inventories for sale or use	211,358.	9	213,828.
	9	Prepaid expenses and deferred charges	211,330.		2157020.
	10a	Land, buildings, and equipment: cost basis 10a 6, 347, 453.			
	b	Less: accumulated depreciation. Complete	2,963,866.		3,132,304.
		Part VI of Schedule D 10b 3,215,149.			3,492,048.
	11	Investments - publicly traded securities	3,316,553. 232,206.		140,171.
	12	Investments - other securities. See Part IV, line 11	232,200.	12	140,171.
	13	Investments - program-related. See Part IV, line 11		13	······································
	14	Intangible assets	22 716	14	16 751
	15	Other assets. See Part IV, line 11	22,716.	15	<u>16,751.</u>
	16	Total assets. Add lines 1 through 15 (must equal line 34)	9,078,372.	16	9,488,564.
	17	Accounts payable and accrued expenses	776,815.	17	821,670.
	18	Grants payable	2 5 4 4	18	E7 770
	19	Deferred revenue	3,500.	19	57,778.
	20	Tax-exempt bond liabilities		20	·····
8	21	Escrow account liability. Complete Part IV of Schedule D		21	
Liabilities	22	Payables to current and former officers, directors, trustees, key employees,			
lab		highest compensated employees, and disqualified persons. Complete Part II			
1		of Schedule L		22	
	23	Secured mortgages and notes payable to unrelated third parties	246,355.	23	219,860.
	24	Unsecured notes and loans payable		24	
	25	Other liabilities. Complete Part X of Schedule D	0.	25	33,333.
	26	Total liabilities. Add lines 17 through 25	1,026,670.	26	1,132,641.
		Organizations that follow SFAS 117, check here 🕨 🔀 and complete			
s		lines 27 through 29, and lines 33 and 34.	•		
ö	27	Unrestricted net assets	5,834,973.	27	6,161,418.
ala	28	Temporanly restricted net assets	575,071.	28	552,847.
d B	29	Permanently restricted net assets	1,641,658.	29	1,641,658.
'n		Organizations that do not follow SFAS 117, check here 🕨 🗔 and			
or		complete lines 30 through 34.			
Net Assets or Fund Balance	30	Capital stock or trust principal, or current funds		30	
55	31	Paid in or capital surplus, or land, building, or equipment fund		31	
MA	32	Retained earnings, endowment, accumulated income, or other funds		32	
ž	33	Total net assets or fund balances	8,051,702.	33	8,355,923.
	34	Total liabilities and net assets/fund balances	9,078,372.	34	9,488,564.
Pa	t XI				
L					Yes No
1	Acco	ounting method used to prepare the Form 990: 🛄 Cash 🛛 🛣 Accrual 🗌] Other		
2a		the organization's financial statements compiled or reviewed by an independent	accountant?		2a X
ь		the organization's financial statements audited by an independent accountant?			2b X
		es" to lines 2a or 2b, does the organization have a committee that assumes respon	sibility for oversight of the	audit.	
Ŧ		w, or compliation of its financial statements and selection of an independent acco			2c X
32		result of a federal award, was the organization required to undergo an audit or au		le Aud	
		and OMB Circular A-133?			3a X
ь		es," did the organization undergo the required audit or audits?			3b X
	1 12-18				Form 990 (2008)
JUEVI	,	11			

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	•	•	• •			
chedule C (Form 990 or 990-EZ) 2008	PLANNED PA	RENTHOOD MI	D & SOUTH M	ICHIGAN38-1	707521 Page 2	
Part II-A To be completed by				at filed Form 5/68	5	
(election under sec			edule C for details.			
A Check X if the filing organization of the fi	-					
B Check LX If the filing organization	tion checked box A at	nd "limited control" pro	ivisions apply.	(a) Filing	(b) Affiliated group	
	ts on Lobbying Expe			organization's	totals	
(The term "expend	litures" means amou	ints paid or incurred.)		totals		
1 a Total lobbying expenditures to influ	Jence public opinion (grassroots lobbying)		972.		
b Total lobbying expenditures to influ		• • •		7,169.		
c Total lobbying expenditures (add li	-			8,141.		
d Other exempt purpose expenditure	es			10,752,907.		
e Total exempt purpose expenditure	s (add lines 1c and 1c	i)		10,761,048.		
f Lobbying nontaxable amount. Ente	er the amount from the	e following table in bot	h columns.	688,052.		
If the amount on line 1e, column (a) o	r (b) is: The lob	bying nontaxable am	ount is:			
Not over \$500,000	20% of	the amount on line 1e.				
Over \$500,000 but not over \$1,000		0 plus 15% of the exc				
Over \$1,000,000 but not over \$1,5		0 plus 10% of the exc				
Over \$1,500,000 but not over \$17,		0 plus 5% of the exce	ss over \$1,500,000.			
Over \$17,000,000	\$1,000,	000.	I			
g Grassroots nontaxable amount (en	ter DENG of kan 18	- 180 - 1 10 - 100 - 11		172,013.		
.		an line a		0.		
-	 h Subtract line 1g from line 1a. Enter -0- if line g is more than line a i Subtract line 1f from line 1c. Enter -0- if line f is more than line c 					
j If there is an amount other than ze			ation file Form 4720			
reporting section 4911 tax for this				[Yes No	
		raging Period Under	Section 501(h)			
• •		ection 501(h) election		-		
columi		structions for lines 2a	_	structions.)		
	Lobbying Expe	nditures During 4-Yea	r Averaging Period		<u>_</u>	
Calendar year (or fiscal year beginning in)	(a) 2005	(b) 2006	(c) 2007	(d) 2008	(e) Total	
2a Lobbying non-taxable amount	487,182.	563,031.	647,098.	688,052.	2,385,363.	
 b Lobbying ceiling amount (150% of line 2a, column(e)) 					3,578,045.	
c Total lobbying expenditures	104,840.	1,610.	1,727.	8,141.	116,318.	
d Grassroots non-taxable amount	121,796.	140,758.	161,775.	172,013.	596,342.	
e Grassroots ceiling amount						
(150% of line 2d, column (e))					894,513.	
· · · · · · · · · · · · · · · · · · ·					, , , , , , , , , , , , , , , , , , ,	
f Grassroots lobbying expenditures	26,210.	235.	415.	972.	27,832.	

Schedule C (Form 990 or 990-EZ) 2008

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Michigan Department of Management and Budget STATE ADMINISTRATIVE BOARD CONTRACT ABSTRACT

APPROVED

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March 1, 2011

1. DEPARTMENT COMMUNIT			REAU/FACILITY		TY HEALTH		Mi	chigan St	ate	
2. CONTRACTOR'S NAME					CONTRACT NO. 20111327					
PLANNED P	PLANNED PARENTHOOD OF MID & SOUTH MI					0. 2				
3. ADDRESS					CIVIL SERVICE	CS-138 NO. (If Ap	plicable) NJ			
3100 PROFE	SSIONAL DE	RIVE - PO 80)	3673		MICHIGAN BAS	N/A-Local u	unit of governm RFORMED IN NIC	ent. HIGAN (La.: 100%	of services)	
ANN ARBOR	MI 48106				100%		_			
4. (a) CURRENT STATE AGREEMENT AMOUNT	(b) CURRENT LOCAL, FEES AND OTHER	(C) CURRENT IOTAL AGREEMENT AMOUNT	(d) AMENDED SYATE AMOUNT	(0) ANENDED LOCAL FEES AND DTHER	(I) COMBINED AMENDMENT TOTAL	(g) NEW STATE AGREENENT AMOUNT	(h) NEW AGREEMENY TOTAL	(I) ESTIMATED TOTAL CURRENT YEAR COST	(j) AMENDMENT % OF <u>TOTAL</u> INCREASE OR DECREASE	
2,773,908	4,519,573	7,293,480	181,622	0	161,622	2,935,530	7,455,102	7,455,102	2.22 %	
36% FEDJ39 49% FEES A 7. PURPOSEN THIS AGREE CHU DREN	& STATE RES NO COLLEC DUSINESS CA MENT PROV AVERT POTE THE CYCLE	TIONS. TIONS. TIONS FUNDIN ENTIAL MATE OF DEPENDE	G FOR ENABI	LING CLIENTS	TO DETERMI S AND DISEAS IFE QUALITY	MONTHLY F	STER A HIV/AJ	ATUS REPOR	UR MAND	
LOW INCOM AREA.	E WOMEN. 1 NT LEVEL: SCAL YEAR	THIS AMENDW	IENT WILL TR	REAT, EDUCAT	D PREGNANC TE AND PREV	ENT AND REI	DUCE HIV/AID	S IN THIS POP		
N/A 11. COST REL N/A	DUCTION/SAVI	NGS:								
12. ORIGINAL	TO 9/30	/2011		· · · · · · · · · · · · · · · · · · ·		T BEING EXTE	1	ro		
14 ACQUISIT	ON METHOD:	CHECK THE AF	PROPRIATE B	OX. If DMB OR	AGENCY COMP	ETITIVELY BID	, FOLLOW INST	RUCTIONS FO	RITEM #15.	
Grant Awa	ard			Competitively				ncy Competitiv		
 15. SUMMARY OF GRANT APPLICANTS OR BIDS – ATTACH A SEPARATE PAGE IN THE FORMAT AS FOLLOWS – BIDDER, CITY, STATE, PRICE 16. GRANT AWARD PROCESS SUMMARY: The invitation to bid was posted on the DMB website and sent to local health departments, Federally Qualified Health Centers, hospitals, and other listservs. Grant materials were available on the MDCH website. Funding was awarded by county and external reviewers reviewed applications in counties with more than 1 competitor. In these counties, the highest scored application received 2/3 of funding and 1/3 of funding was awarded to the other applicant. 17. TYPE OF CANCELLATION CLAUSE. (I.e.: 30 Day Cancellation Clause) 18. DOES THE CONTRACT CONTAIN THE FOLLOWING. a. Non-Appropriation Clause YES NO 										
	ANCELLATIO		THE CONTRAC	TOR WILL CON		legrity Clause	🛛 YES	ОИ 🗍	PERTAIN	
TO THE CON 20. ADDITION			IT YES, specify	Location in Th	Contract: SEC	; III, A. ASSU	RANCES	AVE BEEN OBI	AINED.	
DX.		Y APPROVED S		C) TO- QUADO	N ST APNO	Phud	Broe	ool ï	[as]11	
ZZ. AFTER A	u Board – Ri	EIURN STAMPI	id approval(Id Mail add	RESS: 4TH FLO 320 S. V	N ST. ARNO DOR, LEWIS CA VALNUT STREE G, MI 48913					

DCH-0009(E) (02-2008) (W)

Aedical Services

Best Outcomes Report

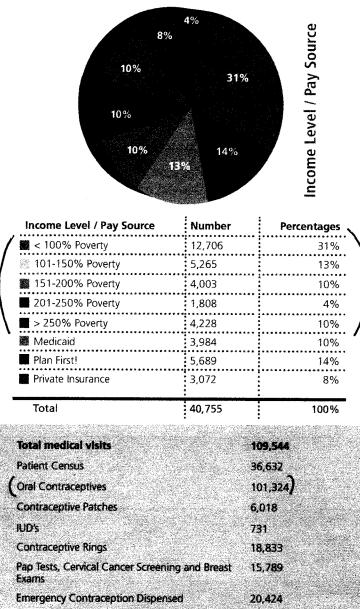
Planned Parenthood Federation of America (PPFA) is piloting a study of "Excellence in Care" in abortion services. They have created patient surveys to measure the patients' perception of their abortion care. The Ann Arbor Health Center participated in these surveys and ranked high on the national Best Outcome Report in several categories, including being treated with care and respect, given enough privacy, and given enough information from staff. We always knew we provided exceptional abortion care but it is great to know others think so as well! This also gives us a chance to measure ourselves against other affiliates to see how we compare and learn from them.

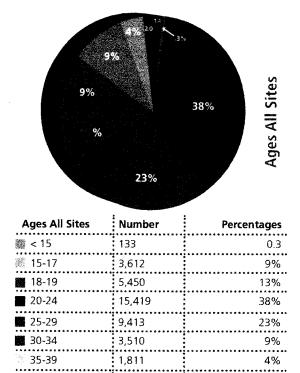
ppimsm 2008 Annual Report

STI Express

We have joined with the Infertility Prevention Project to initiate a service to provide sexually transmitted infection (STI) screening as a package for patients. The goal is to screen a large number of men and women with hopes of protecting their fertility by offering early treatment and prevention. We are offering a "package rate" and it is a quick visit that doesn't require a full exam. STI's included in the screening are gonorrhea, chlamydia, HIV and syphilis.

Patient Demographics





840

567

40,755

40-44

44 >

Total

Pregnancy Testing and Options Counseling	11,538
Prenatal Visits	1,946
HIV/AIDS Testing and Counseling	2,715
Surgical Abortion Procedures	1,324) 2322
Medication Abortion	998
Colposcopy/Cryotherapy/LEEP	487
Vasectomy	34

2%

1.4%

100%



Medical Services

PPMSM 2009 Annual Report

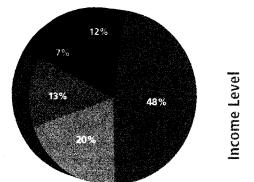
Warren Relocation

Our Warren health center has a new home! On February 3, 2009 the Warren heath center was relocated to an existing building at 29350 Van Dyke. This new location has greater visibility than the old health center and it includes a bright and inviting waiting room, three exam rooms and a lab. There is plenty of parking which allows for secure parking for both staff and patients. In the first full six months the health center was open, the new location saw a 25% increase in patient visits from the same period the previous year. We're very excited for this opportunity to serve more women, men and teens in the Warren area.

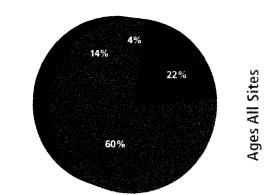
PNPL (Plan Now, Pay Later)

Birth control is only effective when it's used consistently, yet recent data showed that patients who don't purchase a year's worth of birth control during their annual exam visit stop using it after approximately five months. For women who must rely on public transportation or who are facing the demands of raising a family, inflexible work schedules and other factors, returning to the health center each month to pick up birth control can be a major hurdle. In order to help ensure that women stay on their birth control for the full year, PPMSM developed the Plan Now, Pay Later program (PNPL). In our first year we have enrolled 565 patients with contracts worth \$101,716.50. PNPL enables women to take home up to a year's worth of birth control while paying for it a month at a time by allowing us to bill their credit or debit card each month. By leaving with a whole year's worth of pills we are able to give our patients peace of mind for a full year!

Patient Demographics



,	Income Level	Number	Percentages
1	🎆 < 100% Poverty	12,706	48%
	🍇 101-150% Poverty	5,265	20%
	151-200% Poverty	4,003	13%
	201-250% Poverty	1,808	7%
	> 250% Poverty	4,228	12%
`	Total	40,755	100%



Ages All Sites	Number	Percentages
15-19	3,612	22%
20-29	15,419	60%
30-39	3,510	14%
4 0 >	567	4%
Total	40,755	100%

Total medical visits	106,756		
Patient Census	39,451	Contraceptive Implants	163
Oral Contraceptives	111,321	Pregnancy Tests	14,217
Contraceptive Patches	6,175	Prenatal Visits	1,999
IUDs	1,158	HIV Testing and Information	4,053
Contraceptive Rings	20,448	Surgical Abortion Procedures	1,369 \ 2230
Pap Tests, Cervical Cancer Screening and Breast Exams	16,461	Medication Abortions	861 /
Emergency Contraception Dispensed	17,842	Colposcopy/Cryotherapy/LEEP	585
Contraceptive Injections	7,835	Vasectomys	72

Agency Name	Тах	ID	Agency	Profile
none	n/a		Agency	Profile

#1: Priority and Participation A. Human Services Priorities

Please choose the ONE (1) of human services priority that best aligns with your program from the drop down menu:

Safety Net Health & Nutrition

B. Coordinated/Planning Bodies

Please select the ONE (1) of the following local Coordination/Planning bodies that corresponds with the priority chosen above.

Safety Net Health Group

Please indicate how your agency has participated in that group in the last twelve months.

(Limit 2000 characters)

Over the past 12 months, PPMSM has been privileged to collaborate with Coordinated Funding affiliates, including Washtenaw County Children's Well-Being and the Office of Community Development – Human Services, delivering much-needed reproductive health care to low-income women across Washtenaw County. We look forward to actively participating with the Safety Net Health & Nutrition Coordinated Planning Body as it undertakes a leadership role in the full integration of the Coordinated Funding Model's Safety Net Health priority area.

#2: Target Population & Community Need

The Target Population includes the people or groups who will directly benefit from your program and your direct service staff. Defining the Community Need provides the evidence that a program is necessary and effective for your identified target population and geographic area. Higher scores will be awarded to proposals that clearly identify their target population (i.e. demographics or other defining characteristics) and demonstrate the need in the community for this program.

A. Please complete the chart below indicating the estimated PERCENTAGE (%) of your program's participants that are residents in each of the following jurisdictions (totaling all four entries will equal greater than 100%; the Washtenaw County and Out-of-County column should equal 100%):

City of Ann Arbor

18%

Urban County

82%

59% (Out-of-County) 41%

Washtenaw County

B. Please describe your program's target population in terms of demographics and any other relevant, defining characteristics. (*Limit 4000 characters*)

The target population for our program is low-income pregnant women in Washtenaw and neighboring counties, particularly women of color who represent 50% of our prenatal patients, and who have no health insurance or current health care provider. These women are more likely to receive inadequate prenatal care in the absence of programs like PPMSM's Comprehensive Prenatal Care program. Inadequate prenatal care is defined as no care, or care that begins in the third trimester or totals fewer than five visits. PPMSM operates three reproductive health care centers in Washtenaw County; two in Ann Arbor and one located in Ypsilanti, which serve teens and adult male and female patients of all ages and income levels. Our 2010 fiscal year data shows that of the 13,761 patients seen at our three Washtenaw County health centers, 93% are women, approximately 33% are between the ages of 20 and 24, about 65% are white, 22% are African American, 30% are Latino, and 3% are Asian. The vast majority, 87%, of our patients are at or below 250% of the federal poverty level. The majority of our prenatal patients (over 90%) do not have private health insurance and rely on Medicaid to pay for their prenatal care. In recent years, more than 95% of our patients entered care without commercial insurance. PPMSM works to ensure our patients have access to prenatal care at the earliest possible opportunity. Unlike other OB/GYN offices that do not schedule women for an appointment until after their health insurance is in place, PPMSM sees patients without health insurance and after income status is verified during the initial registration process, our staff will assist them in applying for Medicaid. This enables women to access prenatal care earlier, which is vital because the sooner a woman is seen for prenatal care, the more likely it is that problems can be detected and treated. Low-income women are more likely to have nutritional and environmental challenges that can lead to poorer birth outcomes. Providing prenatal care as early as possible is critical to ensure the best possible outcomes for mother and baby Over 60% of PPMSM's patients have issues related to depression and mental health. The stress of economic hardship, lack of insurance, lack of support, and other barriers prevent them from effectively addressing these

Name	Title	Training and Education	Experience	Key Program Duties	Future Professional Development
Melissa Steuber	Continu	Community Services.	medical assistant and currently she is a Senior Health Center Manager for the Call Center and Prenatal Program.	preventative maintenance of clinic & equipment, monitoring & reporting quality assurance activities, conducting OSHA Safety, emergency & other trainings, providing clients with referrals for non-PPMSM services within the community, & providing clinical & educational services.	ensure the skills, knowledge and abilities necessary for optimal health in their area of practice, offering in service training and reimbursement for Continuing Education Units for licensed staff.
	Senior Director of Medical Operations	Masters of Social Work	WITH PPMSM,	Serves as the Program Manager and monitors all the program performance targets.	PPMSM encourages our employees to pursue all available professional development opportunities to ensure the skills, knowledge and abilities necessary for optimal health in their area of practice, offering in- service training and reimbursement for Continuing Education Units for licensed staff.

#11: Collaboration

Collaboration between agencies and/or programs improves service delivery for consumers through decreased barriers and fragmentation and improved coordination of services. Further, collaboration enables nonprofits to reduce overhead, increase capacity, and deliver services more effectively. Higher scores will be awarded to proposals that demonstrate effective collaboration to expand services to underserved populations, reduce overhead, avoid duplication of services, and identify gaps in services.

- A. Please describe how your agency collaborates with other community partners to achieve the following goals:
 - 1. Expand services to underserved populations
 - 2. Reduce and/or avoid duplication of services
 - Identify gaps in services
 - Reduce administrative overhead

(Limit 3000 characters)

PPMSM's Prenatal Care program provides comprehensive and vital educational and health care designed to ensure low-income Washtenaw County women have healthy pregnancies and positive birth outcomes. Our cost-effective and individualized care is delivered in partnership with the U of M Health System's Certified Nurse-Midwives (CNMs) program. This is the only program of its type in Washtenaw County, and the joint program offers an expanded array of coordinated prenatal services to our target population (medical, educational, and consultative). PPMSM Prenatal Care Coordinators ensure joint services are synchronized efficiently. PPMSM also collaborates with a wide range of other stakeholders. First and foremost, we collaborate with our clients to understand their concerns and the barriers they face, and to cultivate ideas that will improve service delivery and outcomes. When their issues go beyond medical care to areas such as basic needs (food, clothing, housing), staff are trained to facilitate referrals to community partners equipped to meet those needs, such as WIC (Women, Infants and Children health and nutrition programs). PPMSM also collaborates with Doulas Care, referring patients to this local volunteer doula program when there are indicators the patient will benefit from the unique social, emotional, and educational support provided by a volunteer doula. Clients that are pregnant, without health insurance, and unable to pay for insurance, may qualify for free or low-cost health care through government programs. PPMSM staff counsel patients to ensure they are aware of and know how to access these resources. For example, low-income pregnant women who do not qualify for Medicaid may be eligible for "Emergency Only Medicaid" for labor and delivery services. Those that are Medicaid-eligible are referred to the county's Maternal Support Services (MSS). The Michigan Department of Community Health's Medicaid and MOMS (Maternity Outpatient Medical Services) is another potential resource. Pregnant patients, and those with a baby under 1 year old who are enrolled in Medicaid, Healthy Kids or MOMS may qualify for free benefits through MIHP (the Maternal Infant Health Program), and PMMSM ensures they are aware of and able to navigate the application process to access these important benefits.

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target population (see question #2). (Limit 5500 characters)

In its delivery of family planning services, PPMSM follows recommendations of the American College of Obstetricians and Gynecologists (ACOG), a representative organization of physicians who are qualified specialists in providing health services unique to our target population. PPMSM also follows the protocols of the U.S. Preventive Services Task Force, and the Centers for Disease Control and Prevention (CDC). As an affiliate of the Planned Parenthood Federation of America (PPFA), PPMSM's practices are also guided by the PPFA Manual of Medical Standards and Guidelines. Consistent with these guidelines, and to serve the needs of our target population (uninsured, extremely low-income women), PPMSM advocates for quality health care appropriate to every woman's needs throughout her life, and for assuring that a full array of clinical services are available to women without costly delays or the imposition of cultural, geographic, financial, or legal barriers. PPMSM has incorporated periodic well-women standards into our screening and prevention services. Best practices support periodic screening visits (rather than an annual), giving the clinician an opportunity to use clinical judgment when deciding the frequency of screenings for asymptomatic women. Depending on a women's health/risk behaviors, psychosocial evaluation, or nutrition assessment, by example, it may be appropriate to see her annually even when less frequent visits are recommended for other asymptomatic women her age. If a woman is particularly receptive to changing a behavior, clinicians may see her for an interim visit related to that particular healthcare intervention. In addition, based on her history, a woman's Pap testing or STI screening may need to occur either more frequently or less frequently than the periodic well-woman visit. A clinician may advise that a patient be seen every two years for her Pap and more frequently for prevention assessments and targeted interventions such as weight loss counseling, immunizations, or smoking cessation. This approach enables us to provide personcentered, individualized care to our patients. The 400 women that will receive 12-months of family planning services under this grant project (200 per year) will receive screening and prevention services consistent with the periodic well-women standards described above. An initial assessment will include a history, physical examination, and laboratory testing. Depending on the age of the patient, certain components of the assessment may vary. For woman ages 20-39, the assessment includes 1) History: reason for visit; health status [medical, surgical, family]; dietary/nutrition assessment; environment risk assessment; physical activity; use of complementary and alternative medicine; tobacco, alcohol, other drug use; abuse/neglect; intimate partner violence; sexual practices; reproductive life planning; contraceptive needs/satisfaction; OB history; urinary and fecal incontinence.2) Physical Exam: height, weight, BMI; blood pressure; breasts, axillae, and pelvic exam. 3) Laboratory Testing: annual Pap test to screen for cervical cancer; annual Chlamydia screening if sexually active - through age 25; periodic HIV screening if sexually active; as indicated: breast imaging, STI testing; genetic testing/counseling; Rubella titer; TB skin testing; fasting glucose test; lipid profile; colorectal cancer screening.4) Evaluation & Client Education: (a) Sexuality (high-risk behaviors; contraception options including EC; reproductive life planning; preconception and genetic counseling for desired pregnancy; sexually transmitted disease prevention; partner selection; barrier protection; sexual function); (b) Fitness and Nutrition (dietary/nutrition assessment; exercise; folic acid supplementation; calcium intake); (c) Psychosocial Evaluation (interpersonal/family relationships; intimate partner violence; work satisfaction; lifestyle/stress; abuse/neglect; sleep disorders); (d) Cardiovascular Risk Factors (family history; hypertension; dyslipidemia; obesity; diabetes mellitus; lifestyle); (e) Health/Risk Behaviors (hygiene, including dental); injury prevention [safety belts and helmets; occupational hazards; recreational hazards; firearms; hearing; exercise and sports involvement]; breast self-exam instructions if requested; skin exposure to ultraviolet rays; suicide / depressive symptoms; tobacco, alcohol, other drug use; environmental exposures; advance directives).5) Immunizations: Periodic: Tetanus-diphtheria booster (every 10 years), including Tdap X 1; Catch-up: HPV vaccine up to age 26; MMR; Varicella; High Risk per ACIP recommendations: Hepatitis A vaccine; Hepatitis B vaccine; Meningococcal vaccine; Pneumococcal vaccine. An example of an age-appropriate variation to this protocol is an annual mammography beginning at age 40 and evaluation and client education that includes retirement planning and sleep disorders.PPMSM clinicians are encouraged to exercise their duties to improve the health status of women and their offspring both in the traditional patient-health care provider relationships, and PPMSM, working alongside all staff, advocates within our community as well as at the state and national levels to assure access to high-quality programs that meet the needs of all women.

B. Please be sure to clearly identify the ways in which the described program

components will result in the previously identified program outcomes (see question

(Limit 2000 characters)

The program components for our Family Planning Services will result in the identified outcomes for the following reasons: Outcome #1: 400 women (200 per year) will receive immunizations, age-appropriate screenings & BMI calculation/education at an initial assessment. Appropriate follow-up care will be provided during subsequent visits based upon individualized factors such as health/risk behaviors.

Outcome #2: 400 women will receive preventative health care services over the 12-month family planning services program, receiving screenings and prevention services consistent with the periodic well-women standards described in the preceding section. Initial assessment will include a history, physical exam, and lab testing. Education on topics such as sexuality and fitness/nutrition will increase health literacy skills and emphasis the value of preventative care. Ongoing preventative care is determined based upon factors such as a woman's health/risk behaviors and previous screenings.

Outcome #3: 400 women will receive cancer screenings through a Pap test and depending on age/ history, will be referred for a colonoscopy or mammography as indicated.

Outcome #4: 400 women will be given opportunities to demonstrate improvement in health knowledge or behavior through educational programming designed to increase health literacy. Topics will include: sexuality, fitness/nutrition, injury prevention, breast self-exams, suicide/depression, and substance use/abuse, and many others. Equipped with new knowledge, patients are better prepared to make positive choices that will improve their health outcomes, prevent unintended pregnancies, promote family stability, and ensure all children are wanted and loved.

Outcome #5: 400 women will receive subsidized medical services: PPMSM will provide the family planning services under this grant at low or no cost, depending on the patient's resources.

C. Please identify the mechanism for measuring the selected program outcomes (see question #4).

(Limit 2000 characters)

The selected program outcomes will be measured using PPMSM's Patient Data System and the Electronic Medical Records